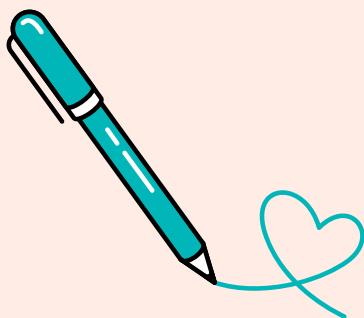
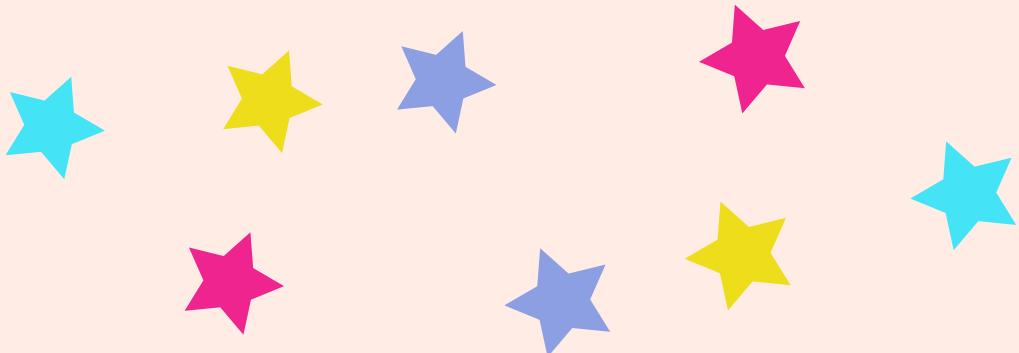




# AUTISTIC CHILDRENS GUIDE BOOKS

BY ANGEL DUSAUZAY





THE AWESOME AUTISTIC GIRL'S GUIDE TO LIFE  
BY AUTHOR - ANGEL DUSAUZAY



# ABOUT THE AUTHOR ANGEL DUSAUZAY

**Angel Dusauzay** is a 14-year-old autistic advocate, writer, public speaker, and creative force for inclusion.

She is the author of the celebrated books '**The Awesome Autistic Girl's Guide to Life**' and '**Brilliant Autistic Boy's Guide to Life**'. The latter was inspired by Angel's lived experience with her two autistic brothers, who are at opposite ends of the spectrum—giving her a deep understanding of the diversity within autism and the unique strengths and challenges each person may face.

Angel is widely recognised for her autism advocacy, with a growing profile as a speaker and media contributor. She has appeared on **BBC Newsround**, given multiple interviews on **BBC Radio**, and delivered countless talks at seminars and conferences, sharing her lived experience and practical insights on inclusion, acceptance, and autism awareness. Angel regularly contributes to awareness campaigns, educational resources, and events alongside her family.



Her third and most personal book, '**Loved Just As You Are**', is written under the supervision of her mother, Liesje Dusauzay, Founder and CEO of Sparkle Sheffield, Autism Union, and Universal Alert. This book was inspired by a deeply personal family experience involving Angel's younger brother, Jayden, who was just three years old at the time. When Liesje was invited to a Special Needs day at her childhood church, she was asked to leave because Jayden, who is autistic, was making too much noise. Even after explaining that this was Jayden's way of expressing excitement, they were still asked to leave. Recognising this as a sign of misunderstanding and lack of awareness, Liesje reached out to every denominational church pastor in the north of England. Out of many, only one pastor responded with support.

Angel has channelled this painful experience into a powerful mission for change. Through '**Loved Just As You Are**', she aims to break down barriers, challenge outdated attitudes, and open hearts—especially in faith communities. Her message is clear and urgent: every child deserves to be welcomed, accepted, and loved, exactly as they are.

Angel would also like to thank her eldest brother, who is not autistic and lives in Japan. Despite the distance, he continues to be an amazing big brother, constant supporter, and true inspiration in her life.

# PRICING



## THE AWESOME AUTISTIC GIRL'S GUIDE TO LIFE £9.99

Angel's very first book

Calling all awesome autistic girls! This colourful, jam-packed workbook is your go-to guide for growing up, loving yourself, and handling life your way. It's full of games, feel-good challenges, sensory fun, powerful affirmations, chill-out tips, and even how to manage your period like a pro. Created by Angel a proud autistic girl just like you this is your safe, sparkly, confidence-boosting space.

Be loud, be proud, be YOU!

## THE BRILLIANT AUTISTIC BOY'S GUIDE TO LIFE £11.99

Inspired by Angel's amazing brothers

This isn't just a workbook it's your ultimate guide to growing up brilliant! With fun puzzles, creative tools, real advice, and sensory-friendly support, this book helps autistic boys handle emotions, school, friendships, and big changes all while celebrating who they are. No boring stuff here just cool ideas, smart strategies, and total boy power.

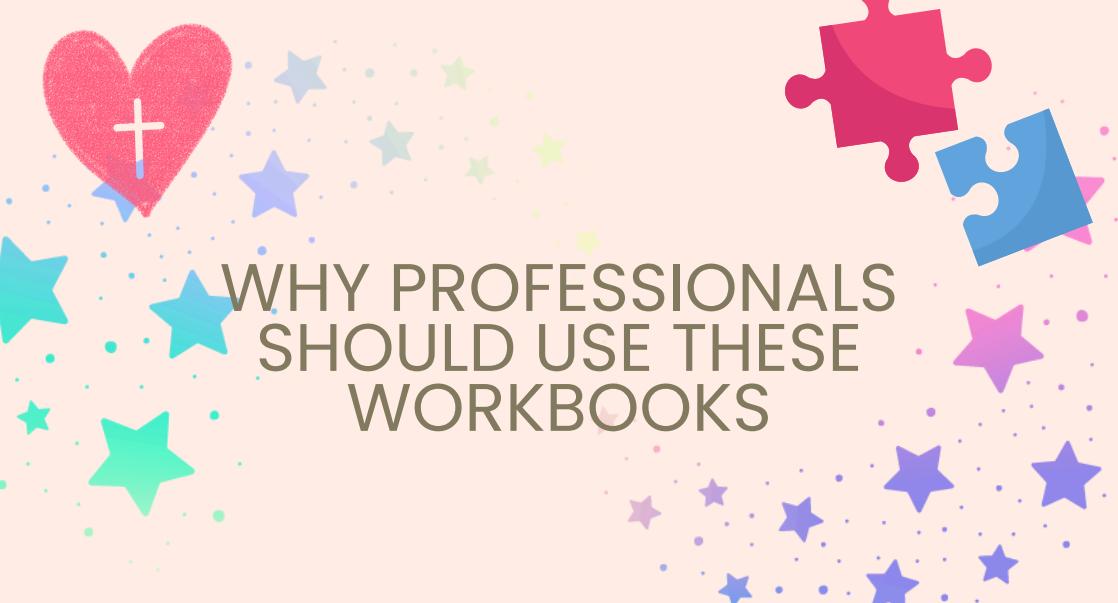
Your brain is powerful. Let's show the world!

## LOVED JUST AS I AM - £14.99

A Faith Workbook for Autistic Children

Get ready to discover how much God truly loves and understands you exactly as you are! This joyful workbook is full of fun ways to connect with God: colourful prayers, sensory games, outdoor church adventures, Trinity games, and heart-hugging Bible verses. Whether you feel calm or chaotic, this book shows you that God is always with you.

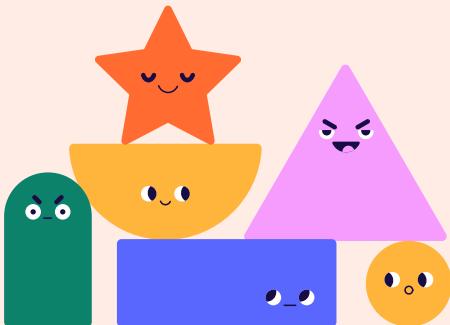
Faith should feel safe, fun, and full of love and this book makes sure it does!



# WHY PROFESSIONALS SHOULD USE THESE WORKBOOKS

Angel Dusauzay's series of life-skill and faith-based workbooks are more than just engaging activity books they're authentic, neuro-affirming tools that empower autistic children to explore their identity, build emotional resilience, and grow in confidence.

Created by a 14-year-old autistic girl with lived experience, these workbooks speak directly to the needs of neurodivergent children in ways that professionals, parents, and carers will find easy to use and incredibly effective.



# EACH WORKBOOK IS:



## **Neuro-affirming** – Rooted in real autistic experience.

Angel includes strategies for sensory differences, emotional regulation, and slow processing in every chapter.

- **Child-Friendly & Relatable** – Fun activities, colouring pages, gentle prompts, and games make hard topics easier to understand and more engaging to explore.
- **Practical & Empowering** – Includes tools for school, friendships, asking for help, understanding boundaries, puberty, and managing anxiety all explained simply and kindly.
- **Faith-Inclusive (but adaptable)** “Loved just as I am” supports autistic children in exploring their faith with sensory-friendly prayers, visuals, and outdoor worship ideas.
- **Peer-Created** – Angel’s voice is one autistic children can relate to. This is representation in action.



## **Perfect for use by:**

- ✓ SENCOs & Teaching Assistants
- ✓ Social Workers & Foster Parents
- ✓ Youth Workers & Mentors
- ✓ Autism Therapists & OTs
- ✓ Educational Psychologists
- ✓ Pastoral & Faith Leaders
- ✓ Family Support Workers
- ✓ Charities & Disability Services





Go  
Girl!

# BOOKING FORM



**Thank you for your interest in purchasing  
books by Angel Dusauzay.**

**BOOK TITLE:**

**QTY:**

**NAME:** \_\_\_\_\_

**ORGANISATION(IF APPLICABLE):** \_\_\_\_\_

**EMAIL ADDRESS:** \_\_\_\_\_

**PHONE NUMBER:** \_\_\_\_\_

**DELIVERY ADDRESS:** \_\_\_\_\_

**PREFERRED PAYMENT METHOD:**

**BANK TRANSFER:**

**SORT CODE: 56-00-09**

**ACCOUNT NUMBER: 32201184**

**Please email your completed order form to :**

**[lsdusauzay@gmail.com](mailto:lsdusauzay@gmail.com)**

**Once received, we will confirm your order and  
provide payment instructions.**



# THANK YOU

Thank you for supporting representation  
and empowerment for Autistic Girls

#AwesomeAutisticGirls #AutismAwareness  
#RepresentationMatters



UNTIL WE MEET AGAIN, FRIENDS!  
ANGEL DUSAUZAY

